

## **Working with the human energy field: the open field - Tehran Times**

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What to do when wounds don't heal.... This free online class in quantum energy healing outlines the procedure for helping the biofield seal over when it has been penetrated.

This can occur following surgical procedures, punctures, GSWs, IVs, shunts, C-sections, epidurals, episiotomies, cuts and wounds.

When the biofield has been opened or penetrated in any way, the body goes on alert. It knows

it's become vulnerable. And it sends out signals that we need to understand to help the healing process complete itself.

Incomplete or complicated healing will be the result when the biofield is left unattended.

Most of the time, the field heals over on its own after punctures, incisions or other openings.

But in some cases, the flesh appears to heal afterward, but the field itself may not self-repair, for whatever reason this happens. The important thing to note is that the symptoms generated from Open Field are very real cries for help.

The symptoms of fatigue, pain, panic, etc., are not "all in their heads" and these people do not need to go on medications, which are prevalent for postpartum and post-surgical depressions. These people need help getting their biofields repaired.

People with an Open Field may experience physical symptoms, such as undiagnosable pains or discomforts, dysfunctional problems around the area, fatigue or exhaustion (literally, being "drained"), problems getting their medications right.

These symptoms are all real. They are just not coming from the body and cannot be diagnosed using traditional methods.

When you scan and find the biofield open, you may either encounter a feeling like a vacuum, like your hand is falling into a hole; or, you may sense a pushing away, a leaking out from the biofield.

This may be a trickle or a rushing force, depending on the severity of the opening, but it does indicate a draining away of the life energy.

The body often tries to close a hole in the field by throwing scar tissue at it, resulting in excessive scarring.

The scar may also appear reddish, even years after the procedure, a sure sign that a problem still exists.

The amazing blessing of doing an Open Field rundown is that the field most often heals itself within one session!

People's symptoms melt away, sometimes right before your eyes, sometimes over the next several hours.

I've seen symptoms from 35-year-old surgeries disappear within hours.

1. Energize your hands and make your attunement to your healing Source, however you understand it.
2. Float your dominant hand 6"-10" above the body and below the incision or wound site. For example, in the case of a C-section, begin below the groin.\*
3. Allow the life current to carry your hand very slowly toward the site, like your hand is floating.\*\*
4. When you sense the pulling in or pushing away, you have found the opening.
5. Let your hand hover there as witness to the wound until it feels completed. You may run energy, pray, visualize white or golden light, or use whatever tools you have. The field will self-repair once it has been recognized and has felt your willing assistance.
6. Slowly and consciously withdraw your hand from the field. Never just pull away suddenly or without intention from another person's aura, which could produce another leak.
7. Close the field, which you can do by strongly intending it to seal over and/or waving your dominant hand slowly and intentionally over the area.

EMTs and ER/OR Nurses: You may only have seconds to help on this level, but even holding your hand 2"-3" directly above the wound for a few seconds may mean the difference between recovery or not, in cases of emergency.

\*To check the biofield for openings around episiotomies, have the woman either squat or, if lying on a table, curl her legs up to her body so that you can access the field between the thighs. \*\*When the life current does not flow upwards from the lower to the upper body, but instead you feel it flowing down the legs, this is a reversed flow and needs to be corrected. The body's energy will be depleted with a downward flowing motion and the person will have fatigue fairly constantly. Simply follow the flow downward until it stops, then gently begin scooping it up back toward the torso and up the front of the body. You sometimes have to coax it a few times this way to reverse the flow to normalize it.

(Source: EzineArticles)